



My Y. For Good.

2015/2016 Annual Report



We're building healthy communities across
**Simcoe, Muskoka,
and Parry Sound.**

Building Healthy Communities

MISSION

My Y is dedicated to the growth of all persons in spirit, mind & body, and to their sense of belonging to each other and the global community.

12.5% of young adults in our community didn't graduate from high school.



Last year 250 youth earned high school credits through My Y programs.

There's a lack of affordable training for local charities.

My Y and Lakehead University launched a new leadership development program. Together, we've trained



leaders

from



organizations.



In partnership with RVH, My Y launched the Healthy Hearts Cardiac Rehab Program.

59% of adults in our community are overweight or obese.

In just
7 months
55 people
invested
900+
hours



improving
their
quality
of
life.

VISION

My Y
inspires
people to
reach their
full potential.

VALUES

Caring
Honesty
Inclusiveness
Respect
Responsibility

Financials (in thousands)

	2016	2015
Sources of Funding	\$41,596	\$39,770
Financial Assistance Given	\$1,119	\$1,320
Net Revenue	\$40,477	\$38,450
Contributions to Development	\$1,197	\$796

Last year My Y connected



431 youth to jobs.

Youth
unemployment
in our
community
is 20.3%.

Last year, over 800 people swam, ran, biked,
and walked to raise funds at our
Move to Give event,



creating access to My Y for over 6,900 kids
and families who couldn't otherwise afford it.

11.3% of
local children
come from
low-income
families.

Locally, My Y welcomed Syrian
refugee families with open arms.



We even translated swimming
lessons into Arabic.

Nearly 30,000
Syrian refugees
have settled in
Canada.



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April, 2016

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THANK YOU

to all who are helping us
build healthy communities!

135 community partners • 1,200 staff • 1,000 volunteers • 3,800 donors

See the difference. Visit MyY.ca.

Charitable # 119215119RR0001